

**POSITIVE
PEOPLE**



Boost Your Inner Resources with a series of Uplifting Workshops!

WHAT'S DRIVING YOUR BEHAVIOUR?

**Learn to understand yours' and others' behaviour and use this to
communicate better**

Monday 11 June

at Exeter Community Centre, 17 St David's Hill, Exeter, EX4 3RG

10.30am-2pm Light Lunch Included Accessible Venue

All Welcome! Contact Orla on 07803 406 775 or email orla@devoncf.com

*"I understand my behaviour
better and feel stronger for the
future"*

*"It really made a difference, I
feel much happier, more
confident"*